

INTOXX_HYLAN GROUP FITNESS CLASSES

EFFECTIVE 4/07/25



*ALL SPECIALTY CLASSES PREPAID

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00AM INTERVAL STEP TRAINING W/JAX STUDIO 1	9:00AM ZUMBA W ANGIE STUDIO 1	9:00AM POWER HOUR W/LINDA STUDIO 1	9:00AM STRENGTH W/DEBBIE STUDIO 1	9:00AM YOGA/ LATES W/ JULIE STUDIO 1	9:00AM INTERVAL STEP TRAINING W/JAX STUDIO 1	9:00AM TABBATA W/ MARYAN NE STUDIO 1
7:30PM ZUMBA W/ ANGIE STUDIO 1	10:00AM YOGA/ LATES W/JULIE STUDIO 1	10:00AM KILLER ABS, THIGHS & BUNS W/JAX STUDIO 1	10AM SPIN W/DEBBIE STUDIO 2 SPECIALTY CLASS			10AM SPIN MARYAN NE STUDIO 2
	7:00PM SPIN W/ DANA STUDIO 2 SPECIALTY CLASS	7:30 PM STRONG ZUMBA W/ANGIE STUDIO 1	7:00PM CARDIO KICK BOXING W/ASHLEY STUDIO 1			ABOVE SPIN SPECIALTY CLASS

INTOXX_HYLAN GROUP FITNESS CLASSES

EFFECTIVE 4/07/25

***ALL SPECIALTY CLASSES PREPAID**